



MEDIA RELEASE
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National Counseling Group, Inc. and Marshall United Methodist Church partner to provide holiday meals for homeless families.

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Marshall, Va. – National Counseling Group, Inc. (NCG) in collaboration with Marshall United Methodist Church are preparing and delivering holiday meals with donated food to the 35 children and parents residing at a Fauquier Family Shelter Services, Inc. shelter on December 10, 2008 between 4:00 pm and 7:30 pm. Thomas W. Minnick, President and CEO of National Counseling Group, Inc. acknowledged “The idea of this project came from Rosemarie Greenawalt, whose father, Reverend Dave Greenawalt, is the pastor presiding over the congregation at the church. Rosemarie has a passion for assisting in community outreach and wanted to help those in need during the holidays”.

In addition to preparing and delivering holiday meals, the Marshall United Methodist Church is also hosting a sock drive to help keep residents of the shelter warm during the cold weather months. Socks of all different sizes can be dropped off at the church located at 8405 W. Main Street in Marshall, Virginia.

Julie Turner, Site Director for NCG’s Warrenton Office, stated “I have been with this company 6 years and we always look for ways to serve local people in need. NCG’s mission statement is ‘*To alleviate suffering and Improve Lives*’, and this event is a great opportunity to fulfill this commitment”. NCG’s CFO, Frank Viera and one of 4 founders and Vice President of NCG, Deborah Sikes, will be participating in the event.

Under the leadership of Tom Minnick, NCG has embraced every community they work in through supporting charitable organizations and events and establishing public-private partnerships in an effort to increase access to quality mental health services for those in need. NCG is recognized locally and nationally for excellence in the provision of mental health care and celebrated 15 years of service with Governor Kaine and other members of the Virginia General Assembly at their annual conference in Richmond earlier this year. NCG now has 15 offices throughout the Commonwealth, with our newest office in Warrenton.

Among the clinical services offered in the Warrenton region are community- based services for youth, adults and families funded by Medicaid. NCG is hosting an open house in our Warrenton office on Friday, January 30th from 11:00 am to 2:00 pm and invites community leaders and residents to stop in for food, fun and fellowship and to learn more about our clinical staff and therapeutic programming. The Warrenton office is located at 400 Holiday Ct, Suite 202 in Warrenton, VA. For more information about the clinical services NCG provides, visit their web site at www.nationalcounselinggroup.com.

BACKGROUND:

The National Counseling Group, Inc. (NCG) is a private organization that was established in 1993 by Thomas W. Minnick in order to provide an outpatient program designed to more effectively address the needs of individuals suffering from the combination of mental health and substance abuse disorders by treating dual diagnosis under one roof. Comprised of highly skilled, professional and caring counselors, NCG has provided premium therapeutic services to individuals and families throughout Virginia for 15 years. NCG has received many accolades for providing a variety of and community-based and outpatient services to address community mental health needs throughout the Commonwealth of Virginia. NCG currently has 15 offices with locations in Annandale, Exmore, Herndon, Hopewell, Manassas, Martinsville,

Newport News, Richmond, Virginia Beach, Roanoke, Winchester, Fredericksburg, Culpepper, Front Royal and Warrenton. NCG will have 500 employees by the end of the 1st quarter of 2009.

NCG specializes in treating behavioral problems, substance abuse issues, mental health disorders and family discord through a multi-systemic approach and evidence-based practice. As a result, countless professionals have utilized NCG to service the needs of children, adolescents, young adults, adults and families. In addition to receiving referrals from private psychiatrists, attorneys, and physicians, NCG has strong relationships with public agencies throughout Virginia including Departments of Social Services, Court Services Units and public and private schools.

In addition, NCG is playing a major role to increase the accessibility of care to children, adults and families through public-private partnerships, provision of community-based programming, offering Medicaid-funded services and through charitable giving. For more information about NCG, visit www.nationalcounselinggroup.com.

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