

NCG's Services

- *In-home counseling
- *Mental Health Support Svcs
- *Therapeutic Foster Care
- *Respite Services
- *Therapeutic Mentoring
- *Supervised Visitation
- *Substance Abuse Groups
- *Parenting Groups
- *Life Skills Groups
- *Out-patient Counseling

**FREE
OFFER**



National Counseling Group, Inc.
Since 1993

A two-part workshop for
Wesley Grove United Church of Christ
Presented by:
Angel Pye, BA & Deborah Scott, BS

8 Steps to Your Destination Workshop

National Counseling Group, Inc

Part I: November 12th
Part II: November 19th
Time: 6pm –8pm

You are invited to these free workshops requested by Pastor Jamison to demonstrate the 8 steps to positive self-esteem and well-being. You will learn how to make changes in yourself as well as in your environment to facilitate a healthier lifestyle and ultimately a happier you!

- *Change Words*
- *Change Thinking*
- *Change Emotions*
- *Change Decisions*
- *Change Habits*
- *Change Actions*
- *Change Character*
- *Destination*

Bring a friend or loved one to
spread the word!

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